

# ALBUQUERQUE VETERANS ACUPUNCTURE CLINIC

## **MILITARY STRESS RECOVERY PROJECT**

Weekly community style acupuncture treatments available to active duty, national guard and reserve, and veterans of military service and immediate family members.

Weekly acupuncture treatments have allowed many military service personnel to experience diminishing symptoms of stress resulting in better sleep, less anger, reduced anxiety and depression, and subsequently, an improved quality of life.

### **SOME COMMENTS FROM VETERANS AT OUR CLINIC:**

**Was really looking forward to today's treatment. Really needed it today.  
Helping me with anxiety of trying to find a job.**

**This program is doing a lot for me. I'm able to be in crowds, socialize with people like I used to, and laugh more.**

**Since acupuncture about 2 yrs ago I am now alcohol and almost Rx free! I love life again. I never knew living with PTSD would be easy, but now I am more comfortable.**

**Every time I come for a treatment I feel better and better.**

There is no charge for treatment, but donations are welcome.

Location: At Menaul School at the corner of Menaul and Broadway Blvds just west of I-25 and north of I-40. When you turn in at the gate, take the right fork and park in the parking lot. The clinic is held in the two-story "Old Brick" building just ahead. Follow the signs.

Handicapped accessible.

Wednesdays, 5:00-6:00 p.m.

For more information:

Dr. Brenda Petty DOM 505-918-7596

Dr. Chris Rogers DOM 505-228-1022

Dr. Pamela Barrett DOM 505-850-8576

Dr. Geoff Hayes DOM 505-235-7447

Dr. Val Talento DOM [vetalento@yahoo.com](mailto:vetalento@yahoo.com)

Albuquerque Veterans Acupuncture Clinic is run in conjunction with Acupuncture Without Borders, a 501C-3 nonprofit organization dedicated to making acupuncture treatment available to military service personnel. You can find locations of similar clinics around the country, and read more testimonials of service personnel who have experienced relief through this treatment at their website:

[www.acuwithoutborders.org](http://www.acuwithoutborders.org)